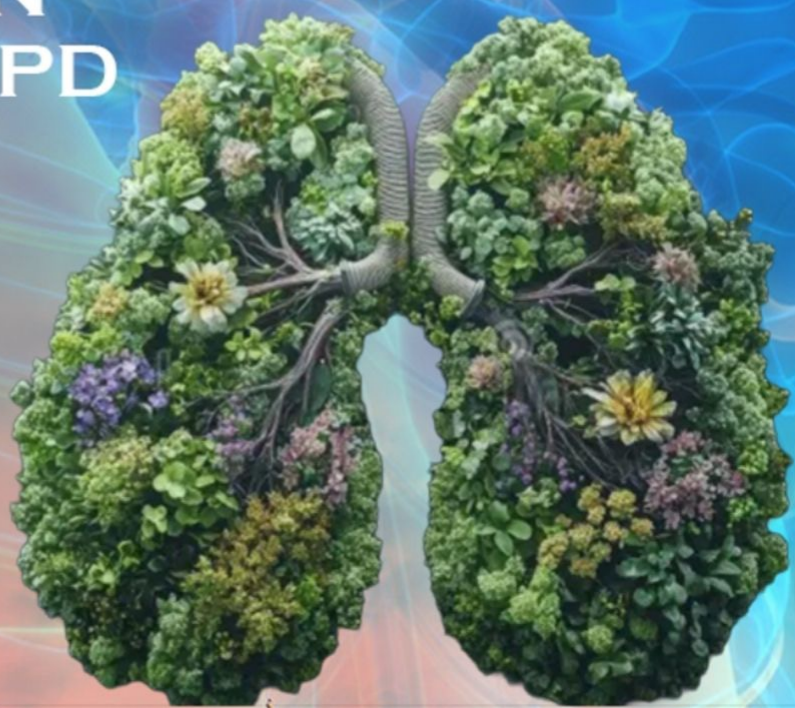


**THE MEDITERRANEAN  
RESPIRATORY ASSEMBLY  
(MRA)**

# **SYMPOSIUM ON CURRENT APPROACHES IN ASTHMA AND COPD TREATMENT**

**7-10 OCTOBER 2026  
SAINT PETERSBURG**

**HOTEL  
GRAND EMERALD**



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SYMPOSIUM ON CURRENT APPROACHES IN ASTHMA AND COPD TREATMENT

7-10 OCTOBER 2026 / HOTEL GRAND EMERALD

## 7 OCTOBER 2026

- |               |                                                                         |
|---------------|-------------------------------------------------------------------------|
| 13:00 – 13:30 | Openin Ceremony<br>Dr. Sibel Arınç                                      |
| 13:30 – 14:30 | The Importance Of Device Choice In Asthma Treatment<br>Dr. Sibel Arınç  |
| 14:30 – 15:00 | <b>Coffee Break</b>                                                     |
| 15:00 – 16:00 | Current overview of patients with respiratory failure<br>Dr. Esra Yazar |
| 15:00 – 16:30 | E-Poster Session                                                        |
| 16:30 – 17:30 | Discussion                                                              |

## 8 OCTOBER 2026

### Chair Mohamad Tarawneh

- |               |                                                     |
|---------------|-----------------------------------------------------|
| 09:00 –10:00  | Approach to Chronic Cough<br>Dr. Mohamad Tarawneh   |
| 10:00 –11:00  | Case Presentation of Lung Cancer<br>Dr. Sibel Arınç |
| 11:00 – 11:30 | <b>Coffee Break</b>                                 |
| 11:30 – 12:30 | Asthma Management<br>Dr. Amira İsmail               |
| 12:30 – 14:00 | <b>Lunch</b>                                        |

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## 8 OCTOBER 2026

14:00 – 15:00      Weight Loss in IPF with Cases  
Dr. Sibel Arınç

15:00 – 16:00      Discussion

## 9 OCTOBER 2026

**Chair Amira İsmail**

09:00 – 10:00      Treatment of Severe Asthma  
Dr. Amira İsmail

10:00 – 11:00      COPD (Gold Stage Diagnosis  
Dr. Esra Yazar

**11:00 – 11:30      Coffee Break**

11:30 – 12:30      Non Invasive Mechanical Ventilation Treatment  
Dr. Mohamad Tarawneh

**12:30 – 14:00      Lunch**

14:00 – 15:00      Approach to Emergency Medicine and Respiratory Diseases Pane  
Dr. Sibel Arınç

15:30 – 16:00      Discussion

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## 10 OCTOBER 2026

### Chair Mohamad Tarawneh

09:00 –10:00      Endobronchial Ultrasound in Lung Disease  
Dr. Sibel Arınç

10:00 –11:00      Gold (COPD) Treatment Options  
Dr. Mohamad Tarawneh

**11:00 – 11:30      Coffee Break**

11:30 – 12:30      Smoking Cessation Treatment  
Dr. Alexander Olegovich Balakirev

**12:30 – 14:00      Lunch**

14:00 – 15:00      Single Airline Approach ( Asthma-Allergic Rhinitis)  
Dr.Esra Yazar

15:00 – 16:00      Discussion